



DEPARTMENT OF THE ARMY AND THE AIR FORCE  
NATIONAL GUARD BUREAU  
111 SOUTH GEORGE MASON DRIVE  
ARLINGTON, VA 22204-1382

NGB-ART-I

5 August 2007

MEMORANDUM FOR All ARNG Training Institutions

SUBJECT: NGB Height/Weight/Army Physical Fitness Test Policy Clarification

REFERENCES: AR 350-1 Dated 3 August 07  
DA Message (ALARACT), DTG: 171414Z APR 07

1. ALARACT, DTG: 171414Z APR 07 states: "Soldiers attending institutional training courses (including OES, WOES, NCOES, and functional courses) are still expected to meet physical fitness (APFT) and Height/Weight (HT/WT) standards." AR 350-1, AR 600-9, and FM 21-20 are very clear on the standards. Soldiers flagged for HT/WT, or fail the APFT, "will not be selected, scheduled, or attend institutional training."
2. The listed reference has changed the HT/WT from an enrollment to a graduation requirement. It has also changed the fact that Soldiers that meet academic requirements but fail HT/WT and/or APFT "will not be removed from the course, nor will they be required to re-attend the course if all other course requirements are met." Soldiers that meet all course requirements but fail HT/WT and/or APFT will have the statement "marginally achieved course standards" entered in the comments block of their DA Form 1059. Within the RC, Soldiers attending Common Core Phase I BNCOC are not required to take an APFT. The APFT is a final phase graduation requirement and Soldiers do not graduate from the BNCOC course until completion of all Technical Phase(s). Therefore, Commandants are reminded that the only Soldiers attending Common Core Phase I BNCOC, that are required to take an APFT, are those Soldiers that have no subsequent "Technical Training Phases" within their CMF (HT/WT compliance is also assessed at the final Technical Phase of training within BNCOC).
3. Temporary and Permanent Profiles: the listed ALARACT, AR 350-1, and numerous other references cover Soldiers with profiles attending the schools listed in paragraph 1 of this Memorandum. The bottom line is that Soldiers with Temporary or Permanent profiles may attend school IAW AR 350-1 para 3-11 as long as the profile does not "prevent full participation" in the course they are scheduled to attend. Each Course's CMP, under Physical Requirements, describes what Soldiers must do to fully participate in the course. The FM 21-20 prevents Soldiers that are on a temporary profile from taking a "for record" APFT. The APFT's administered for purposes of NCOES are not for record and cannot be used as a record APFT. Soldier's with temporary profiles can be tested, however; Commandants will administer the events of the APFT within the limitations of their temporary profiles.

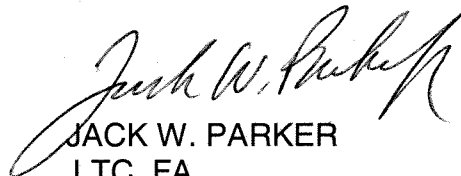
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4. As always Commanders/Commandant's at our National Guard Bureau resourced School Houses have final discretion and decision making authority with the situations described in this Memorandum. Each and every Soldier situation could result in or require a lengthy decision making process, that includes review of all applicable regulations and guidance. This process and the final disposition must be well documented for accreditation purposes. As long as these things occur, TRADOC, NGB, and the Course Proponent will support the final disposition. The intent of current Army Policy is to train Soldiers who are deployable assets regardless if they are flagged for HT/WT or APFT. It is also intended to put the responsibility of insuring that Soldiers meet the Army standards, where it belongs, with the unit leadership.

5. Commanders/Commandants have the authority to deny enrollment and/or dis-enroll Soldiers that are grossly obese, or otherwise physically unable to meet the Course Physical requirements. Commanders/Commandants will conduct a risk assessment and counsel the reporting Soldier on the outcome should the analysis result in denial of enrollment or dis-enrollment of a course. Individual Soldier safety, and the safety of the other Soldiers participating in the training must always be considered. When denial of enrollment or dis-enrollment of a course occurs the first general officer in the Soldiers chain of command will be notified and provided the circumstances that resulted in the decision.

6. The point of contact is Mr. Brad Hunt at DSN 327-7323, 703-607-7323, or email: [bradley.hunt@ng.army.mil](mailto:bradley.hunt@ng.army.mil).



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